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Transforaminal Endoscopic Lumbar Discectomy versus Open Microdiscectomy for Symptomatic Lumbar Disk Herniation: A Comparative Cohort Study on Costs and Long-Term Outcomes

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Abstract

Background: Transforaminal endoscopic lumbar discectomy (TELD) is considered an effective treatment for lumbar disk herniation (LDH). There is a paucity of studies comparing in detail the costs and long-term clinical outcomes of TELD and open microdiscectomy (MD), especially in developing countries. Thus, we sought to provide a multidimensional insight into this matter by comparing the

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