



Case report

Pulmonary nocardiosis in kidney transplant recipients: A case report and analysis of 60 published cases

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ABSTRACT

Background: Pulmonary nocardiosis (PN) is a rare ISO-metabolizing opportunistic infection, particularly involving immunocompromised patients, including kidney transplant recipients (KTRs). This study aimed to present a case of PN in a KTR and review published cases to describe the demographics, clinical, and treatment characteristics of PN in this population.

Method and results: Here, we report a case of PN in a 55-year-old diabetic patient with a history of kidney transplantation. Upon admission, antimicrobial and antifungal therapy was initiated empirically, considering a chest CT suggestive of fungal infection and pneumonia. In further evaluations, Nocardia was isolated from bronchoalveolar lavage culture. After PN diagnosis and initiating antibiotic regimen by Trimethoprim-sulfamethoxazole (TMP-SMX), the patient showed significant improvement. This study also reviewed the English-language literature published from 1981 to 2022 about PN in KTRs and tabulated various characteristics of 60 similar patients. However, antibiotic and the type of combination therapy used for treatment and outcomes were discussed. The median time of onset of PN after kidney transplantation was 182 days (73.3–729). Lung was the only affected organ for Nocardia in 27 patients, while in 12 patients, simultaneous involvement of the lung and the brain was reported. Fever (74.3 %) was the most reported symptom, followed by cough (50.0 %), headache (41.7 %), and dyspnea (30.0 %). TMP-SMX was the most frequently prescribed antibiotic, having been provided to 52 patients (86.7 %). Other antibiotics included cefepime, ceftazidime, ampicillin, meropenem, and van. Furthermore, 23 patients (38.4 %) received combination therapy, whereas 18 patients (30.0 %) received a single antibiotic agent. Lastly, the outcomes of 10 patients were reported. While the majority (81.8 %) were successfully treated, 10 patients (18.2 %) reported died or were discharged.

Conclusion: Physicians should consider the diagnosis of PN in the differential diagnosis of KTR presenting with pneumonia, especially within the first six months post-transplant, when the risk of nocardiosis is elevated due to intensive immunosuppression.

Introduction

Nocardiosis is a rare infectious disease caused by the aerobic, gram-positive, catalase-positive, partially acid-fast, non-motile bacterium from the genus *Nocardia* spp. [1]. *Nocardia*, found mainly in soil and standing water, manifests as an opportunistic infection, especially in immunocompromised patients [2]. The incidence of *Nocardia* infection has been reported to be 0.4–3.6 % in solid organ transplant recipients [3, 4]. Kidney transplant recipients (KTRs) are more susceptible to various

infection due to posturing immunosuppressive therapy, leading to severe complications [5]. However, the rate of nocardiosis in KTRs is lower compared to other solid organ transplant recipients [6].

Pulmonary infection is the most common manifestation of nocardiosis followed by brain abscesses in KTRs [7,8]. Pulmonary nocardiosis (PN) may present as a common type of localized disease or be the primary site of systemic infection spreading to other organs mostly the brain and skin. Selection of bacterium-containing sputum is considered the most common cause of lung infection. Further, the bacterium can

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inoculum directly within the site and the soft tissues (for instance, the healthcare-associated infection due to invasive procedures) but cannot spread straight between humans [2].

The mortality of KTRs due to non-disseminated nosocomial has been reported to be 15–20 %, while for disseminated nosocomial it is significantly higher, ranging between 50 % and 60 % [2,30]. Previous retrospective studies have shown that the mortality rate could be reduced considerably through early diagnosis and timely treatment of nosocomial in KTRs [30]. Considering that it takes several days for the organism to grow in culture, clinical suspicion based on clinical manifestations and radiological findings could be lifesaving [31]. Here, we report a case of FN in a diabetic patient with a history of kidney transplantation. Further, we reviewed the English-language literature about FN in KTRs, reporting the data on demographics, clinical characteristics, treatment, and outcome of included cases, and analyzed them using descriptive statistics to provide better knowledge of FN management in KTRs.

Case presentation

A 63-year-old female man with history of renal transplantation presented to Shariati hospital, Tehran, Iran, with bilateral pain of the lower thorax, mild fever, productive cough, and dyspnea, for 10 days. He had no symptoms of arthralgia, paronychia, cutaneous dyspnea (PUD), hemoptysis, and dysphagia. His past medical history was remarkable for diabetes mellitus (DM), ischemic heart disease (IHD), hypertension (HTN), atrial fibrillation (AF), and hepatitis B. He had end-stage renal disease (ESRD) due to diabetic kidney disease (DKD).

Then, after receiving dialysis for months, he received a deceased donor kidney transplant seven months before admission. At the time of transplantation, the patient received antithymocyte globulin (ATG) as induction immunosuppressive therapy. The patient was on tacrolimus (1 mg twice daily), mycophenolate mofetil (1 g twice daily), prednisolone (5 mg daily), Trimethoprim-sulfamethoxazole (TMP-SMX) (80/400 mg daily), amikacin (250 mg daily), vancomycin alafenoxide (25 mg daily), and insulin. Of particular note is that this patient was already on TMP-SMX prophylaxis (80/400 mg daily).

On examination, he was alert and oriented. The initial vital signs were: Body temperature: 37.4 °C, Heart rate: 76 bpm, Respiratory rate: 18 breaths/min, Blood pressure: 130/75, Oxygen saturation: 92 %. Lung auscultation revealed a Rhonchi in the lower part of both lungs.

The initial blood tests revealed a white blood cell (WBC) count of 9400/mm³, hemoglobin (Hb) 11 g/dL, mean corpuscular volume (MCV) 66, platelet count of 230000/mm³, blood urea nitrogen (BUN) 22 mg/dL, serum creatinine (Cr) 2.46 mg/dL, erythrocyte sedimentation rate (ESR) 75 mm/hr, C-reactive protein (CRP) 265 mg/L. The arterial blood gas (ABG) test reported pH 7.37, pCO₂ 34 mmHg, and bicarbonate (HCO₃⁻) 20 mmol/L. The urine analysis showed 1 + protein and 1 + glucose. The serum galactomannan antigen test was checked twice to rule out the invasive pulmonary aspergillosis and both resulted negative. Several blood culture tests and two urine culture tests were all negative.

A spiral chest computed tomography (CT) scan has demonstrated a 45 mm shoveler opacity in left lower lobe (LLL) with a small satellite lesion, and a ground glass lesion with a severe halo containing air bubble measuring 58 × 45 mm in right lower lobe (RL) (Fig. 1). There was no evidence of pleural effusion. Transthoracic echocardiography (ITE) has shown no vegetation, pulmonary embolism (PE), clot, and ejection fraction (EF) was 50 %. Abdominal and pelvic ultrasound revealed the transplanted kidney with normal size and echogenicity and atrophic native kidneys. Other organs including the liver, gallbladder, spleen, pancreas, uterus, and bladder were normal. There were no findings compatible with infection in other abdomen or pelvis.

Since the patient was a case of kidney transplantation and had immunosuppression, antifungal, and antibiotic treatment was started empirically based on chest CT findings suspicious of bacterial or fungal

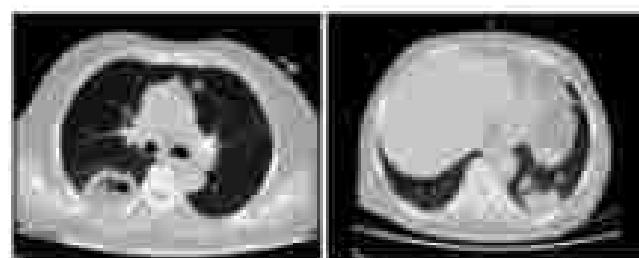


Fig. 1. Computed tomography (CT) scan of chest has demonstrated a ground glass lesion with a severe halo containing air bubble measuring 58 × 45 mm in right lower lobe (RL), and a 45 mm shoveler opacity in left lower lobe (LL) with a small satellite lesion.

pneumonia. The immunosuppressive regimen was modified with the discontinuation of the mycophenolate mofetil and the decrease of tacrolimus to 1 mg twice daily. The antimicrobial regimen was clindamycin (300 mg/8 h), meropenem (1 g/8 h), vancomycin (750 mg/daily), and voriconazole (200 mg/12 h). Following, bronchoscopy showed mild to moderate secretion in RL and LL, and a specimen from bronchoalveolar lavage (BAL) fluid was sent to laboratory for microbial culture.

After continuing voriconazole for two weeks, the patient's tacrolimus serum level increased up to 20 ng/mL due to drug-drug interaction with voriconazole. As a result, tacrolimus was stopped for three days inevitably. Then, the liposomal amphotericin B (350 mg/daily) was prescribed instead of voriconazole for one week. Further, the BAL fluid and sputum cultures yielded *Aspergillus* spp. However, the species of *Aspergillus* was not identified. Therefore, the patient's treatment was continued with intravenous injection of TBP-SMX (10 mg/kg/day of TBP) for a week and previous antibiotics were discontinued.

Seven days after diagnosing FN and administering disease antibiotic, the patient's symptoms of cough and dyspnea were markedly improved as well. Blood tests showed levels of CRP and ESR within the normal range and creatinine 1 mg/dL. Moreover, brain CT scan was normal and showed no dissemination. Following, the patient was discharged with instructions to continue therapy with oral TBP-SMX (5 mg/kg/day of TBP) along with tacrolimus (1 mg twice daily), mycophenolate mofetil (550 mg daily), and prednisolone (5 mg daily) for next 12 months. During two-year post-infection, the patient was evaluated every 2 months by the kidney center of Shariati Hospital. No complication or recurrence was observed. He survived and tolerated the treatment well to the end.

Analysis of published cases

The PubMed and Web of Science databases were searched using the following search strategy: (nocardiosis OR Nocardia infection) AND (kidney OR renal) AND (transplant). The duplicate literature were initially deleted and results were limited to English-language case reports and case series articles published from 1980 to March 2023. Subsequently, 83 articles were screened based on title and abstract and 41 literature containing 60 cases of KTR with FN were included [2–22]. In the next step, the included articles were thoroughly reviewed and the following data were collected for reported cases: demographics and clinical characteristics, type of nosocomial, Nocardia species, clinical manifestations, lung imaging findings, treatment, and outcome. Finally, all the data were analyzed based on descriptive statistics using SPSS software version 26 (SPSS Inc., Chicago, Illinois, USA).

Results

Table 1 demonstrates the demographic data and the clinical characteristics of KTRs with FN. The mean age of all patients was 46.53 ± 12.76 years (ranged 20–75 years). All the articles, except one [22],

Table 3

Resected *Nocardia* strains and treatment

	Number of patients	Percentage
Antibiotics	34	
TMP-SMX	32	94.1%
Amoxicillin/Clavulanic acid	11	32.4%
Cefepime	13	38.1%
Ceftriaxone	14	41.2%
Ertapenem	10	29.4%
Doxycycline	11	32.4%
Azithromycin	8	23.5%
Trimethoprim	9	26.5%
Other drugs*	20	58.8%
Combination Therapy†	28	
TMP-SMX + Isoniazid	8	28.6%
TMP-SMX + Cefepime	8	28.6%
Cefepime + Isoniazid	9	32.1%
Ceftriaxone + Cefepime	7	25.0%
TMP-SMX + Cefepime	9	32.1%
Outcome	35	
Death	13	37.1%
Cure	45	82.9%

TMP-SMX, trimethoprim-sulfamethoxazole

* Other drugs include Penicillin, Ceftazidime, Vancomycin, Amphotericin B, Fosfomic acid and ...

† patients might have used more than two agents as combination therapy.

(ranged 6–300 days) of which six died during the treatment. The mean duration of antibiotic therapy among expired patients and cured patients was 27.5 ± 26.7 days (ranged 6–84 days) and 136.0 ± 136.4 days (ranged 30–333 days), respectively.

In addition to management outcomes, the final outcome of 55 infected cases was also revealed. 45 cases (81.8 %) were cured, and 10 patients (18.2 %) expired due to nocardiosis. Of the 53 patients with both treatment regimens and outcome information available, 15 patients received monotherapy and 38 received combination therapy. Of the patients receiving monotherapy, 14 patients (93.3 %) were cured and one patient (6.7 %) died. The sole fatality among these patients had received TMP-SMX. In the combination therapy group, 31 patients (81.6 %) were cured and 7 patients (18.4 %) died.

Of the 10 patients who died, 7 had isolated pulmonary nocardiosis, while 3 had pulmonary and cerebral involvement, suggesting that disseminated infection may contribute to the increased mortality. Of the 5 patients for whom data on posttransplant rejection were available, none had documented episodes of rejection. The mean time from transplantation to diagnosis of nocardiosis in the 8 patients was 820 days (range, 21–4745 days), suggesting that the diagnosis of post-transplant infection was later in this group.

Discussion

In our review, the mean duration between transplantation and PH onset was 36 months; however, the median time was close to 5 months, indicating that PH most frequently presents early, but can occur even many years after transplant. For instance, Marak et al. documented cases of late-onset nocardiosis in several KTRs, even after extended follow-up periods [32]. Studies reported that the threat of nocardiosis lies in the initial year after kidney transplantation. The risk is greatest in the first six months post-transplantation [33]. This is usually attributed to the highest intensity of immunosuppressive agents to avoid transplant rejection [34]. Yu et al. [35] study showed that those who experienced prior graft rejection appeared to develop *Nocardia* infection faster (mean: 15.8 months). In our review, data about graft rejection was provided in 37 patients out of 50 cases, of which just 5 patients with PH experienced post-transplant rejection. Similarly, this study demonstrated that *Nocardia* infection may happen earlier in patients experiencing graft rejection (mean: 11.76 months). Although the duration between transplantation and the diagnosis of nocardiosis was seven

months in our case, there was no evidence of graft rejection.

In a recent study from Fekete, Hamei et al. examined 48 KTRs who developed nocardiosis. They found that, on average, the infection was diagnosed 2.68 years after the transplant, indicating that late-onset nocardiosis continues to pose a serious risk for this group. The research also highlighted two independent risk factors for developing the condition: the use of high-dose methylprednisolone and recent CMV infection [36].

The data regarding medical history was recorded for 37 cases, where hypertension was the most reported (59.5 %), followed by diabetes (34.8 %). These disorders were also noted in our case. Hypertension is associated with CKD, which may necessitate kidney transplantation. Moreover, Satair et al. also noted hypertension as the most frequent underlying disease in PH cases [34]. Other studies demonstrated that comorbidities such as diabetes, preexisting pulmonary or hepatic disease, alcoholism, and immune-compromising conditions like malignancies, hematopoietic cells and organ transplantation, as well as immunosuppressive medications, all increase the risk of developing PH [37–39]. The most common cause of ESRD among KTRs with PH was CKD, with 48 % of cases. CK patients are treated with immunosuppressive medications, which increase the risk of opportunistic infections such as *Nocardia*.

Previous research has shown that the clinical presentations of nocardiosis may be similar between immunosuppressed patients and normal hosts [37,40,41]. Clinical manifestations of PH were described in 35 patients. The most reported symptoms were fever (74.3 %), cough (60.0 %), and dyspnea (30.0 %), respectively. All of these symptoms were also observed in our case. However, even with a compromised immune system might be more susceptible to *Nocardia* dissemination, hospital admission, and positive blood specimens. They are also at higher risk of death due to nocardiosis [37]. Neurologic symptoms and impaired consciousness were also reported in five (14.3 %) and eight (22.9 %) cases. These manifestations may implicate the CNS infection and necessitate early CNS imaging and the start of appropriate treatment. Interestingly, some studies reported nocardiosis cases with asymptomatic CNS infection [37,42]. Hence, imaging the CNS (e.g., MRI) can be considered an evaluation tool in patients with nocardiosis even in the absence of neurologic manifestations [37].

Our review showed that PH was confined to the lung in the majority of KTRs (37 of 60 cases). This may be attributed to the mechanism of infection, which is mainly inhalation. However, in 13 patients (21.6 %), the *Nocardia* infection spread to the brain, and they developed pulmonary and cerebral nocardiosis. When the infection is evident in two separate organs or in the presence of central nervous system (CNS) involvement, disseminated nocardiosis is identified [43]. Hamei et al. also found that 25 % of their patients developed disseminated nocardiosis, including involvement of the CNS, further highlighting the aggressive nature of the disease in immunocompromised individuals [35]. Dissemination is more likely when there is evident immunosuppression, such as consumption of high doses of steroids and organ transplantation [37]. Previous research demonstrated that up to 50 % of PH patients may subsequently incur disseminated nocardiosis [32]. In our patient, the infection was limited to the lungs, and investigations revealed no evidence of other organ involvement. Among the 60 cases reviewed, the outcome of 55 patients was reported, among which the mortality rate was 18.2 %, which was slightly higher than Yu et al. [35] study. In the study by Hamei et al., the overall mortality rate was reported at 20 %, which is comparable to the mortality rates observed in our review [35]. As KTRs were receiving immunosuppressive therapy, the incidence of disseminated nocardiosis and death was expected to be higher compared to immunocompetent patients [44].

Regarding *Nocardia* species, specified for 47 patients, *N. asteroides* (46.8 %) was the most recognized species, mostly reported between 1981 and 2000 [1,3,13,16,33,34,38–42,45–47]. It should be noted that older articles may suffer from misrecognition of *Nocardia* species because historically several species have been misidentified as

N. asteroides. Furthermore, *N. farcinosa* was identified in 15 patients (22.5%). This is consistent with some previous studies [38,47]. However, Fujita et al. reported that *N. nova* was the most frequent species (49%) responsible for FN occurring in organ transplant recipients [32]. On the contrary, Choumoutis et al. demonstrated that the species *N. farcinosa* (55%), followed by *N. nova* (24%), were the most commonly recovered [48]. Hence, the geographical predominance of species, involved organs, and the medical history of patients may play a role in the species implicated in nocardiosis [37].

The radiological presentations were reported for 56 cases, of which 28 (50%) had pulmonary consolidations. Observed in 32 patients (57.1%), infiltration was the second most common finding. Other radiological findings were effusion (23.2%), cavitation (2.9%), and lung abscess (3.6%). On CT imaging of our patients, the most noticeable findings were consolidation and a ground glass lesion. Some previous studies described consolidation followed by cavitation as the most common radiological findings in FN [34,49]. Isobe et al. reported that infiltration followed by nodules and consolidation were the most observed radiological patterns [50]. Furthermore, infiltration and abscess were noted as the most frequent findings in the Ye et al. study [51]. In that aspect, there is not a thorough consensus among previous investigations regarding the most common radiological pattern. Some studies also argue that there may be an association between some radiological findings in FN and immunosuppression. Seidmuth et al. [37] and Kim et al. [44] described cavitation, and Blackmore et al. [52] noted nodules as associated with immunosuppression in FN patients.

The first-choice treatment for nocardiosis is TMP-SMX, including in transplant recipients, which is commonly used in combination with carbapenems in complicated patients [37]. For severe infections, including pulmonary or disseminated nocardiosis, dosing is recommended as follows: 15 mg/kg/day of TMP, divided for twice oral or intravenous dosing in 3–4 doses, depending upon severity of illness and host status [36]. For step-down or milder cases, oral dosing at lower levels (5–10 mg/kg/day of TMP) can be employed. Transplant hosts tend to require adjustment in dosing in accordance with the patient's renal function, as TMP-SMX can raise serum levels of creatinine as well as potassium. Adjustment in dose interval or TMP-SMX discontinuation should in some cases be employed in those with compromised GFR. Prolonged treatment entails close monitoring of the glomerular function, creatinine levels, as well as monitoring of electrolytes. Prophylactic dosing (e.g., once-a-day dosing with 30,000 mg) decreases *Pneumocystis* (prevalent as well as some *Nocardia* spp. infections, yet breakthrough still occurs, most notably in those with intensive immunosuppression [3,6].

In this review, data regarding the treatment of 54 cases was provided, of which (55.2%) received TMP-SMX. Cockupments were also used in 19 (35.2%) patients. The third most frequently prescribed agents were cephalosporins (28.9%). Moreover, combination therapy was used in most of the cases (70.4%), and the most common compounds were TMP-SMX plus carbapenems (22.7%) or TMP-SMX plus cephalosporins (22.7%). Prior studies exhibited that TMP-SMX is still effective in the treatment of nocardiosis and the resistance is not considerable [32,37,47,48]. However, some studies reported resistance to TMP-SMX among some *Nocardia* species, especially *N. farcinosa* and *N. nova* [38,47]. Therefore, it may be important to isolate and identify the *Nocardia* species by investigating the patients' specimens and performing sensitivity tests to apply the most appropriate therapy [37].

Since *Nocardia* species have variable antimicrobial susceptibility patterns, susceptibility testing is needed in order to select appropriate therapy [36,37]. *Nocardia* species have a broad range of intrinsic and acquired resistances that are also variable between species. For example, *N. asteroides* is usually susceptible to TMP-SMX, but *N. farcinosa* and *N. asteroides* may be resistant to first-line drugs such as TMP-SMX or amoxicillin [37,48]. Delayed diagnosis and inappropriately directed therapy in immunosuppressing conditions, including recipients of kidney transplants, are associated with severe clinical deterioration and increased mortality [3,53].

Fujita et al. argued that commencing the treatment based on the culture depends on the patients' immunity status. While delayed therapy may not compromise immunocompetent cases with a positive culture and temporary observation may be an approach in these patients, the high incidence of *Nocardia* infection in culture-positive immunosuppressed patients necessitates the prompt initiation of appropriate treatment [36]. Moreover, previous studies were not concordant regarding the prescription of TMP-SMX as a prophylactic agent for nocardiosis in transplant patients. A lower dose of TMP-SMX was recommended as a successful prophylaxis in some studies [37]. In contrast, nocardiosis was reported in a considerable number of transplant patients despite using TMP-SMX for prevention [38]. Similarly, Maron et al. reported a higher incidence of nocardiosis in KTRs who experienced reduced or interrupted TMP-SMX prophylaxis, particularly during the COVID-19 pandemic [71]. Additionally, Vigne et al. pointed out that while TMP-SMX prophylaxis is routinely administered, breakthrough nocardiosis can still occur, underlining the importance of ongoing vigilance even in patients receiving prophylaxis [72].

In our series, the mean course of antibiotic treatment among patients dying was significantly shorter compared with the surviving patients (17.1 vs. 236.0 days). This most likely represents early death secondary to sepsis or disseminated infection or late diagnosis. Early recognition and prompt treatment of nocardiosis is necessary because nocardiosis progresses extremely rapidly in immunocompromised patients, particularly when CNS involvement is present.

Although we systematically searched the Pubmed and WOS databases and reviewed the reviewed articles (based on PRISMA guideline), our review faced several limitations including 1) a limited number of included patients, 2) publication bias, 3) missing cases that are not present in included databases, 4) not including non-English-language articles, and 5) missing data between cases. Further, this report only reviewed literature until March 2021 and other relevant publications about *Nocardia* infections may have been published and not included in this report. In a new idea, instead of just reviewing the results of the included articles, we tried to accumulate the data obtained from the cases and analyze them using descriptive statistics to provide better knowledge of the subject.

Conclusions

FN can develop at any time since kidney transplant, though there may be a higher incidence in early post-transplant. The transplant physicians should have a high index of suspicion for FN in any case of pneumonia occurring in KTRs, particularly in those with prolonged or augmented immunosuppression. Accurate early diagnosis along with appropriate antibiotic treatment can help in avoiding potentially lethal complications. TMP-SMX, given alone or in combination with carbapenems or cephalosporins, continues to be a mainstay of treatment. Additionally, prophylaxis with TMP-SMX seems to decrease nocardiosis in transplant recipients, though there can still be breakthrough infections.

Conflicts of interest contribution statement

David Dali: Writing – review & editing, Writing – original draft, Supervision, Investigation, Data curation, Conceptualization, Fatemeh Taghvaee: Writing – review & editing, Project administration, Investigation, Conceptualization, Fajana Tavakoli: Writing – review & editing, Investigation, Feyyaz Mohammad Hosseini: Writing – review & editing, Writing – original draft, Formal analysis, Mahdi Isakhan: Writing – review & editing, Resources.

Ethics Statement

The Research Ethics Committee of Tehran University of Medical Sciences approved all procedures performed in the current case report.

